



NORTHAMPTON
VISION
SPECIALISTS

Any of the following symptoms can indicate the presence of a functional vision disorder. Please take a few moments to review the checklist and make a note of any symptom you've noticed in yourself or your child.

You may wish to print the checklist and bring it with you to your appointment.

PHYSICAL TRAITS

- One eye turning in or out
- Reddened eyes or eyelids
- Poor posture
- Excessive squinting, eye rubbing or blinking
- Headaches or dizziness after reading
- Closing or blocking one eye when reading
- Head tilting, or one shoulder noticeably higher than the other

BEHAVIORS

- Easily fatigued, particularly when reading, writing or doing close work
- Short attention span, restless
- Easily irritated or nervous
- Blurred or double vision
- Nausea or dizziness
- Avoidance of "near" work (reading, writing, etc.)

WORK PERFORMANCE

- Loss of place when reading, reports that words "jump" or run together
- Omitting, inserting or rereading letters/words
- Confusing words that look similarly
- Unable to recognize the same word in the next sentence
- Poor reading comprehension
- Repeatedly omits short words when reading
- Letter or word reversals after the first grade
- Difficulty copying from a chalkboard
- Poor handwriting
- Misaligns numbers
- Holding book too close to the eyes
- Difficulty with sports (catching a ball, hand-eye coordination)
- Using a finger or ruler to read

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